

CRESCENT ELEMENTARY DEN DISPATCH

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CRESCENT ELEMENTARY

Principal Camie Montague

Phone: 801.826.8200

<http://crescent.canyons.org>

November 2002

Gratitude...

- * SHIELDS YOU FROM NEGATIVITY
- * MAKES YOU AT LEAST 25% HAPPIER
- * REWIRES YOUR BRAIN
- * ELIMINATES STRESS
- * HEALS
- * IMPROVES SLEEP
- * BOOSTS SELF-ESTEEM & PERFORMANCE
- * ENHANCES THE LAW OF ATTRACTION
- * IMPROVES RELATIONSHIPS

PRINCIPAL'S MESSAGE

CRESCENT CUBS SHOW GRATITUDE! OUR CUB TRAIT THIS MONTH IS "GRATITUDE." TEACHING OUR KIDS TO SAY "THANK YOU" IS IMPORTANT. FINDING THINGS TO BE GRATEFUL FOR EVERYDAY INSTILLS A SENSE OF GRATITUDE IN CHILDREN THAT GOES BEYOND GOOD MANNERS. IT'S A MINDSET AND A LIFESTYLE. BEING GRATEFUL AND RECOGNIZING TEACHERS, FAMILY, AND FRIENDS FOR BEING KIND AND SUPPORTIVE IS A GREAT WAY TO SO GRATITUDE.

THANK YOU FOR ALLOWING US TO TEACH YOUR CHILDREN-

PRINCIPAL CAMIE MONTAGUE

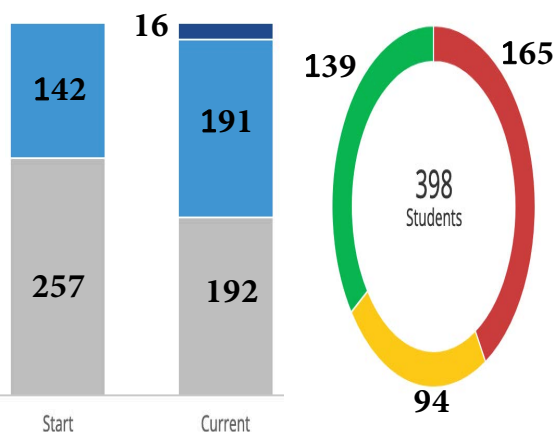
Halloween

We had a great Halloween day. Thank you for your support during the parade it was the best attendance that I have ever seen. Thank you to everyone who is adhering to our treat list. It really helps all students feel included and safe. Also a big shout out for our parent Volunteers! Everyone had completed their background check, we were able to make sure everyone had cleared, it made things run so smooth!

PTA

The PTA No Fuss Fundraiser was a huge success. We were able to raise \$10,579.00 for the school. The 2nd grade won the the coin wars they had \$208.99 in their grade level container. All of the proceeds go towards students, teachers, classroom needs, busing for field trips and assemblies.

Core5



Crescent Cubs are showing grit! Since, September 16 students have moved from at grade level to above grade level. Students that were below grade level have grown by 66 students and we have gone from 257 students below grade level to 192 with a growth of 66 students. Please talk to your students about the importance of Core 5.

The bare minimum of units a week is 12. Students who work on Core5 gaining 16-20 units a week are making more than a years growth in reading, accuracy and comprehension. Our data shows of the 398 students participating in Core5, 139 are on track, 94 of our are in jeopardy and 165 students are not on track for making grade level by the end of the year. This is an easy way for parents to help students fill in gaps and become better readers. If you need support or have questions please reach out to your childs homeroom teacher.

Pick up and Drop off

As it gets colder please make sure you are aware of students walking to and from school. Everyone is busy this time of year. Please adhere to the speed limit as you pick up and drop off students in the north parking lot. If your student walks on the North side of Crescent please have them cross at the appropriate place.

Set the example when walking to and from the building by using the appropriate cross walks to ensure that you and our cubs are safe.

Please remember that the South parking lot is for buses only. Parents are not allowed in the South parking lot until the buses have left. Students can be dropped off on the south side of the property along the west field, we will plow a strip of grass once the snow comes. .

Students can also be dropped off curbside in the north parking lot or you can park and we will walk them across.

Absent Students

We have had a significant up tick in absenteeism. We want sick kids to stay home. However, we are having many kids check out of school because school is hard and it is a way to avoid doing work. Please help us keep well students in school. When kids are absent they miss social opportunities, friend group changes, and in person instruction. Which in turn causes them not to want to be at school.

Illness

Please make it a priority to have your **healthy**. children at school and on time everyday.

If your child has a fever, throwing up, diarrhea, or is contagious please have them stay home.

If you have concerns contact the school 801-826-8200 and the school nurse will contact you with further information. Please keep yourselves safe and healthy!

Resilient Kids

We are working on a school-wide process for student to be more resilient. The steps for students are:

- 🐾 Change tone of their voice
- 🐾 Look the other student in the eye
- 🐾 Say "STOP [touching, name calling, poking me] or I'll report it!"
- 🐾 If it happens again, report what is happening to an adult.

This procedure helps all children establish their own personal space and how to advocate for themselves.

BELL SCHEDULE (Mon-Thurs)

Regular Schedule—9:00 am- 3:35 pm
AM Kindergarten—9:00am-11:40 am
PM Kindergarten—12:55 pm-3:35 pm

FRIDAY SCHEDULE

Friday Schedule—9:00 am- 1:55 pm
AM Kindergarten—9:00am-11:00 am
PM Kindergarten—11:55 pm-1:55 pm

Students and Families Living with Mental Illness:

Supports and Resources Provided by NAMI Utah

NAMI Utah (National Alliance on Mental Illness) advocates for and supports individuals and families impacted by mental illness. NAMI Utah offers free classes, support groups, and mentoring for families and individuals living with mental illness. The following list provides information for a few of the services NAMI Utah provides. For an extensive list of supports, visit their webpage at www.namiut.org.

- **NAMI Progression**

For teens, ages 13-18, with mental health conditions. Free six-week course on causes, symptoms, self-care, safety planning, and more.

- **NAMI Basics**

For parents of youth with mental health conditions. Free six-week course that provides an opportunity to connect with others and learn how to best support your child.

- **NAMI Ending the Silence**

A 50- to 75-minute prevention and early intervention presentation that engages youth, parents, or school staff in a discussion about mental health.

- **NAMI Family and Friends**

A free 90-minutes seminar for those wanting to know how to support their loved ones who are living with mental illness.

- **Family Support Groups**

Free support for loved ones of individuals with a mental health condition.

- **NAMI Mentors**

Mentors can provide information regarding mental health conditions and about resources in the community. Mentors are available Monday – Friday from 9am to 4:15pm. Call 801-323-9900

- **QPR Suicide Prevention Training**

A free 90 minute workshop informing participants how to recognize warning signs of suicide and how to question, persuade and refer someone for help.