

CRESCENT ELEMENTARY  
**DEN DISPATCH**



Follow Us



**CRESCENT ELEMENTARY**  
 Principal Camie Montague  
 Phone: 801.826.8200  
<http://crescent.canyons.org>

February 2023

To experience *peace* does not mean that your life is always blissful. It means that you are capable of tapping into a blissful state of mind amidst the normal chaos of a hectic life.



JILL BOLTE TAYLOR

PRINCIPAL'S MESSAGE

EMOTIONAL SELF CARE INVOLVES CARING FOR YOUR EMOTIONAL HEALTH IN ORDER TO ATTAIN EMOTIONAL WELL BEING. THE KEY IS TO GET IN TOUCH WITH YOUR EMOTIONS. HERE ARE SOME WAYS TO IMPROVE/MAINTAIN YOUR EMOTIONAL HEALTH. BE AWARE OF YOUR **EMOTIONS** AND REACTIONS. ... EXPRESS YOUR FEELINGS IN APPROPRIATE WAYS. ... THINK BEFORE YOU ACT. ... MANAGE STRESS. ... STRIVE FOR BALANCE. ... **TAKE CARE** OF YOUR PHYSICAL HEALTH. ... CONNECT WITH OTHERS. ... FIND PURPOSE AND MEANING.

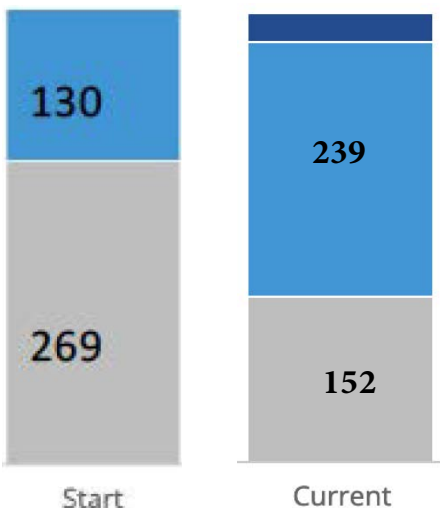
THANK YOU FOR ALLOWING US TO TEACH YOUR CHILDREN-  
 PRINCIPAL CAMIE MONTAGUE

Spelling Bee

Our 4th and 5th grade students have been working really hard getting ready for our annual Spelling Bee. To keep everyone safe, we will be holding the Spelling Bee on February 6th at 8:30AM through ZOOM video. Parents of the finalists and classmates will be able to log-on and watch from home. Please contact the classroom teacher with any questions. You should be receiving an invitation in a week or so if your child makes it to the finals.

Core5

We have rest Core5 to see if students are retaining the information to move to the next grade level. Because this is an individualized program it is imperative that students complete the work on their own. Otherwise, they get put in a unit that is too hard for them. We are using school assemblies as an incentive for students to complete the requirement of 12 units a week on Core5. This program fills in gaps and is individualized for each student. Every 2 weeks the students will have an incentive as a class and as a school monthly.



As, you can see the reassessment shows great growth from the beginning of the year. Some kids tested out of Core5. Others tested at or above where they were. Way to go, Cubs!!!

We are asking for your help in working with your students at home on their Core5 minutes. Attached are instructions on how to get into Clever and access Core5. The student needs to complete all 10 questions in each unit before logging out or they will have to start that unit over the next time they log in.

Students that do not complete their 24 units for the 2 weeks will have an opportunity to make up their units during part of the incentive activities. Students in grades K-5 will not miss more than 15 minutes of the activity. We would like all students to participate in the whole activity, this will also get students ready for next year.

## Supplemental Kindergarten

We love having your students at Crescent Elementary. We are excited to announce that we will be offering free All-Day Kindergarten for all students for the 2023-2024 school year! This program is available for children who will be 5 years old by September 1. Please consider enrolling your child as soon as possible so we can plan for next year's staffing needs.

We have many new people moving into our school boundaries. Please reach out to people in your neighborhood that have elementary students. Please enroll on line through the Crescent Elementary or Canyons School District website.

## Parent Teachers Conference

Parent teachers conferences will be March 1st and 2nd this spring. We appreciate everyone's willingness to participate. It means so much to our faculty and students to be able to show you a work with you on your child's growth.

If you haven't started helping your children with Conquering Cub this is a perfect time to get started. Teachers will have the papers to fill out at conferences. Our first opportunity for students to receive their award is March 10th.

**Online sign-ups will be open for parents February 13<sup>th</sup>-20<sup>th</sup> See attachment.**

### Book Fair

We will have the book fair in the library. The book fair will be open for the two nights of Parent Teacher Conferences.

### Illness

Please make it a priority to have your healthy children at school and on time everyday.

If your child is experiencing any of these symptoms please do not bring them to school.

Fever, Vomiting, Diarrhea or contagious  
We are really Pushing for above 86% daily attendance this includes checking children in and out of school.

Please help keep all student in school healthy and safe.

### Resilient Kids

We are working on a school-wide process for students to be more resilient. The steps for students are:

- 🐾 Change tone of their voice
- 🐾 Look the other student in the eye
- 🐾 Say "STOP [touching, name calling, poking me] or I'll report it!"
- 🐾 If it happens again, report what is happening to an adult.

This procedure helps all children establish their own personal space and how to advocate for themselves.

### BELL SCHEDULE (Mon-Thurs)

Regular Schedule—9:00 am- 3:35 pm  
AM Kindergarten—9:00am-11:40 am  
PM Kindergarten—12:55 pm-3:35 pm

### FRIDAY SCHEDULE












Friday Schedule—9:00 am- 1:55 pm  
AM Kindergarten—9:00am-11:00 am  
PM Kindergarten—11:55 pm-1:55 pm

# Login At Home Help Sheet


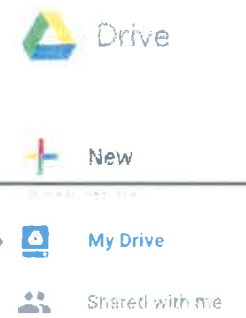
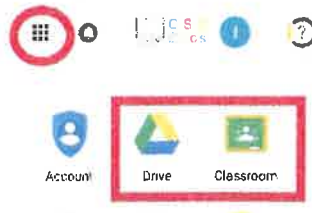

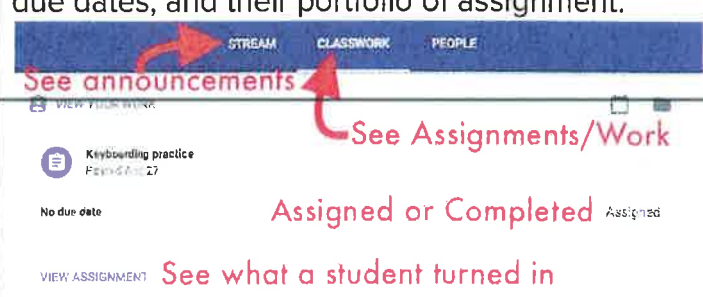
This document includes instructions on how to use the various programs that are used within Canyons School District elementary schools. The purpose is to give directions to parents so they know what apps, usernames and passwords, and tools their students might be using at home.

- **Teachers:** Feel free to go to File>Make a Copy to make a version for your class. Then you can delete programs that you don't use in your class or write additional notes to parents about how you want students to be using this program at home. Feel free to print this or email the link to parents.
- **Parents:** These instructions *should* help you get started with the programs. Make sure to read the troubleshooting section at the bottom of each program for help. Note, not all schools and teachers use all of these programs. Make sure to ask your student's teacher on how to best use these programs.




**Table of Contents:** Click each link to go to the page with How To Directions.

	<a href="#">CSDDocs</a>	Main username example: <a href="mailto:flas3456@csddocs.org">flas3456@csddocs.org</a> Main password example: tacofish4 **K-2 has Badges they can scan instead of passwords
	<a href="#">Clever</a> (Instant Login to many other sites)	CSDDocs Username and password (or QR badge)
	<a href="#">Core5 - Lexia</a>	Clever & use CSDDocs Username and password (or QR badge)
	<a href="#">Pearson Realize</a> (Envision Math and Reading Street)	Username: student#csd Password: core@csd
	<a href="#">Reflex Math</a>	Clever & use CSDDocs Username and password (or QR badge) *1st time needs teacher login info and student #
	<a href="#">ST Math</a>	Clever & use CSDDocs Username and password (or QR badge)
	<a href="#">i-Ready</a>	Clever & use CSDDocs Username and password (or QR badge)
	<a href="#">Reading Plus</a>	Clever & use CSDDocs Username and password (or QR badge)
	<a href="#">Imagine Learning</a>	Clever & use CSDDocs Username and password (or QR badge)
	<a href="#">Dreambox</a>	Clever & use CSDDocs Username and password (or QR badge)
	<a href="#">Keyboarding for Kids</a>	Generally, the school name and student number is required.

## CSDDocs

<p><b>Website:</b> csddocs.org (or gmail.com)  <u>[Also used for Chromebook login]</u></p>	<p><b>Purpose:</b> Main district username and password and to create, store, and edit documents. Allows you to login to Clever.</p>
<p><b>Username:</b> Student CSDDocs username          (example: <a href="mailto:flas3456@csddocs.org">flas3456@csddocs.org</a>)          (for a student named First Last with a student number of 123456)          **First letter of first name, 3 letters of last name, last 4 numbers of student number**</p>	<p><b>Password:</b> Student CSDDocs password          (example: tacofish4)          (Default passwords are two four letter words and a number.)</p>
<p><b>Google Drive</b></p> <ol style="list-style-type: none"> <li>1. Log in to csddocs.org.</li> <li>2. Click waffle in top right corner to see options. Select Drive.</li> </ol>  <p>3. In Drive, students can click “New” to create new documents. You can also see all documents they have created in My Drive.</p> 	<p><b>Google Classroom</b></p> <ol style="list-style-type: none"> <li>1. Log in to csddocs.org.</li> <li>2. Click waffle in top right corner to see options. Select Classroom.</li> </ol>  <p>3. Click on the class name (or add the Plus sign on the top bar and type in the code the teacher gave you).</p>  <p>4. Inside of Classroom you can see student work, due dates, and their portfolio of assignment.</p> 
<p><b>Reminders/Troubleshooting:</b></p> <ul style="list-style-type: none"> <li>• Log out of parental gmail accounts before a student tries to login with their google account.</li> <li>• Ask your student’s teacher for observer access to Google Classroom.</li> <li>• There are Google Drive and Google Classroom apps you can download to your iPad, but they work fine on a web browser too.</li> </ul>	

# CORE 5 - LEXIA

<p><b>Login through Clever</b></p>	<p><b>Purpose:</b> Phonics and Reading Skills</p>
<p><b>Username:</b> Student CSDDocs username (example: <a href="mailto:flas3456@csddocs.org">flas3456@csddocs.org</a>) *Or Clever QR Badges for K-2nd Grade</p>	<p><b>Password:</b> Student CSDDocs password (example: tacofish4)</p>
<p><b>On an iPad, iPhone, Android or Tablet</b></p> <p><b>1. First time: Download the Lexia Reading Core5 app</b> (and the Clever App from the App Store or Google Play)</p>  <p><b>2. Login through your Clever App</b> (Clever signs you in and redirects you to the Lexia Core 5 App)</p> <ul style="list-style-type: none"> <li>• Use Clever Badges for K-2nd Graders</li> <li>• Use CSDDocs for 3rd-5th Graders</li> </ul> <p><b>3. Pick the Core5 icon</b></p> <p><b>4. Press the arrow to start lessons.</b></p> <p><b>5. The goal is to get 40 minutes a week.</b></p>	<p><b>On a Computer</b></p> <p><b>1. Go to <a href="http://clever.com/in/canyons">clever.com/in/canyons</a></b></p> <p><b>2. Login using Badges or CSDDocs account</b></p> <p><b>3. Pick the Core 5 icon.</b></p>  <p><b>4. Press the arrow to start.</b></p> 

**\*First Time/New Devices Requires a Teacher email address:**  
 Use your teacher's email: [first.last@csddocs.org](mailto:first.last@csddocs.org) (This email account is inactive. Do not email this account.)

- Reminders:**
- Log in through Clever.
  - You need Flash downloaded on your computer or the app downloaded on a tablet/phone.
  - It is important that your child does their own work on Lexia. Do not help your student as it will skew data.

## **PARENT TEACHER ONLINE SCHEDULING**

All of Crescent's Parent/Teacher Conferences will be held in person Wednesday, March 2nd and Thursday, March 3rd. Mr. Wimer, our School Psychologist will be available on Wednesday, March 2nd for drop in visits. Ms. Remington our Speech Pathologist will be available for drop in visits Wednesday, March 2nd and Thursday, March 3rd. If you would like a Virtual Conference, please email your student's teacher. Conference scheduling opens Monday, February 14th at 8:00 am and closes Friday, February 18th at 5:00 pm. Below are the instructions on how to set up in-person conference.

### Parent Conference Instructions – Skyward

Login to your Skyward Family Access

If you have more than 1 student in Canyons School District Schools, choose All Students

1. On the left side click the Conferences tab

Note:

- Only one appointment can be scheduled per teacher per student
  - If guardians maintain separate households, they must login separately to schedule individual conference times for their student
  - If you have more than one student, the system will allow you to schedule them at the same time with two different teachers, however a warning will appear because this will double book you.
2. Click All Conferences next to the student's name you wish to schedule a conference for
  3. Click Select a Time
  4. Choose the time you want and click Join next to that time (Status for that time slot must be open or Join option will not appear)
  5. A window appears showing the appointment information, Click Add Student & Self
  6. You will receive a confirmation e-mail. You will also receive a reminder e-mail three days before and one day before your scheduled appointment.

Family Access Conferences

https://skytrainnew.canyonsdistrict.org/scripts/wsisadll/WService=wsEaplus/sfteacherconferences001.w

Family Access [dropdown]

If you have more than one student Select student from dropdown

Home  
Online Registration  
Arena Scheduling  
Ethnicity/Race  
Calendar  
Gradebook  
Achievement Backpack  
Attendance  
Student Info  
Busing  
Food Service  
Schedule  
Test Scores  
Fee Management  
#1 Conferences  
Academic History  
ReportCards / Test Results  
Skylert  
Health Info  
Login History

Conferences

Scheduled Conferences Report  
Print All Scheduled Conferences for Guardian

(BUTLER MIDDLE) View Scheduled Times All Conferences #2

Staff Conferences	Status	Topic	Description
[redacted]	Not Yet Scheduled (Select a Time) #3	Week 1	3/24/2020 thru 3/27/2020

Schedule a Conference Time with SARA ALLEN

Conference Time Slots	Title	Status	Building/Room	Openings	Join
Tue Mar 24, 2020 5:00 pm - 5:30 pm	General Staff Conference	Open		1	Join #4
Tue Mar 24, 2020 5:30 pm - 6:00 pm	General Staff Conference	Closed		0	
Wed Mar 25, 2020 5:00 pm - 5:30 pm	General Staff Conference	Open		1	Join
Wed Mar 25, 2020 5:30 pm - 6:00 pm	General Staff Conference	Open		1	Join
Thu Mar 26, 2020 5:00 pm - 5:30 pm	General Staff Conference	Open		1	Join
Thu Mar 26, 2020 5:30 pm - 6:00 pm	General Staff Conference	Open		1	Join
Fri Mar 27, 2020 5:00 pm - 5:30 pm	General Staff Conference	Open			
Fri Mar 27, 2020 5:30 pm - 6:00 pm	General Staff Conference	Open			

Join Conference

Title: General Staff Conference  
Organizer: [redacted]  
Date: Tue Mar 24, 2020  
Time: 5:00 PM - 5:30 PM  
Student: [redacted]  
Building:  
Room:  
Description:  
A confirmation e-mail will be sent to: [redacted]@gmail.com

Add Student Only Add Student & Self #5 Back

Once appointment time is scheduled, you may add a notes if needed.

Family Access Conferences

https://skytrainnew.canyonsdistrict.org/scripts/wsisadll/WService=wsEaplus/sfteacherconferences001.w

Family Access [dropdown]

After you have scheduled your appt. These are the steps to add notes if

Home  
Online Registration  
Arena Scheduling  
Ethnicity/Race  
Calendar  
Gradebook  
Achievement Backpack  
Attendance  
Student Info  
Busing  
Food Service  
Schedule  
Test Scores  
Fee Management  
Activities  
Graduation Requirements  
#1 Conferences  
Academic

Conferences

Scheduled Conferences Report  
Print All Scheduled Conferences for Guardian

(BUTLER MIDDLE) View Scheduled Times All Conferences

This is your scheduled time

Scheduled Staff Conferences	Status	Topic	Building/Room	Notes
Tue Mar 24, 2020 from 5:00 PM - 5:30 PM	Scheduled (Modify Attendees)	General Staff Conference	[redacted]	[redacted] #1

General Staff Conference Meeting Notes

Add Note #2

No notes exist for this conference.

Add Note

Date: 03/22/2020  
\* Summary: [redacted] #3  
Comments: [redacted] #4  
Comments are optional  
(\* ) Indicates a required field.

Save Back




# Stay Mentally Healthy During Winter

## General Wellness

Simple practices that will cater to your basic wellness needs

**Sleep:**



Aim for 8 hours of uninterrupted sleep.  
Remove electronics from bedroom

**Exercise:**



Engage in at least 30-minutes of daily physical activity

**Nutrition:**



Fuel your body with healthy food options

**Hydration:**



Arid winters can lead to dehydration.  
Drink lots of water

**Laughter:**



Find time for humor and laughter

**Get Outside**



It can be difficult to get outside during the winter months. Spending 20-minutes per day outside will help alleviate some mental stress

**Light Exposure:**



Expose yourself to 10-30 minutes of sunlight daily. If sunlight is not an option, consider a sun lamp



**Deep Breathing:**

Inhale seven seconds, hold seven seconds, exhale seven seconds

**Socialize:**

Spend in-person time with friends and family. When in-person is not an option, use video or voice call instead of text

**Community of Supports**

Reach out to family, friends, and professionals for help and support when feeling depressed, anxious, or suicidal

**Salt Lake County Youth Services:**

<https://slco.org/youth/>

**SafeUT:**  
Crisis Tip, Text, and Call App



**Think Safe Webpage**

<https://www.canyonsdistrict.org/safe-schools/school-climate-social-emotional-supports/>





# **Students and Families Living with Mental Illness:**

## **Supports and Resources Provided by NAMI Utah**

NAMI Utah (National Alliance on Mental Illness) advocates for and supports individuals and families impacted by mental illness. NAMI Utah offers free classes, support groups, and mentoring for families and individuals living with mental illness. The following list provides information for a few of the services NAMI Utah provides. For an extensive list of supports, visit their webpage at [www.namiut.org](http://www.namiut.org) .

- **NAMI Progression**  
For teens, ages 13-18, with mental health conditions. Free six-week course on causes, symptoms, self-care, safety planning, and more.
- **NAMI Basics**  
For parents of youth with mental health conditions. Free six-week course that provides an opportunity to connect with others and learn how to best support your child.
- **NAMI Ending the Silence**  
A 50- to 75-minute prevention and early intervention presentation that engages youth, parents, or school staff in a discussion about mental health.
- **NAMI Family and Friends**  
A free 90-minute seminar for those wanting to know how to support their loved ones who are living with mental illness.
- **Family Support Groups**  
Free support for loved ones of individuals with a mental health condition.
- **NAMI Mentors**  
Mentors can provide information regarding mental health conditions and about resources in the community. Mentors are available Monday – Friday from 9am to 4:15pm. Call 801-323-9900
- **QPR Suicide Prevention Training**  
A free 90 minute workshop informing participants how to recognize warning signs of suicide and how to question, persuade and refer someone for help.